



LOGBOOK



DAY 1

First stopover at Le Canon, named after the Napoleonic Canon left there. Start the day by visiting the village of L'Herbe, its colorful fishermen's houses and its Algerian chapel. Enjoy a tasting of its famous oysters in a picturesque hut. Follows a 12km stroll towards the tip of the Cap Ferret. Lunch Chez Guillaume will give you the energy to walk back to the Canon's dock through the dunes along the Atlantic Ocean.



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DAY 2

On the second day, prepare to be amazed by the seaside town of Arcachon, renowned for its superb 19th century villas with gingerbread trims. The visit wouldn't be complete without lunch at the Co(o)rniche, located on one of Europe's largest sand dune: The Dune du Pilat. Climbing the dune is scheduled for the afternoon.

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DAY 3

After several hours of navigation, sail around the impressive and renowned Cordouan lighthouse. Built in the 17th century, under the reign of Henry IV, it is surrounded by sandbanks responsible for many a maritime misadventure. Upon arrival at Verdon-sur-Mer's port, you will be heading towards the town of Soulac-sur-Mer. Stroll on the seaside trail of Saint-Jacques de Compostelle: admire the famed Notre-Dame-de-la-Fin-des-Terres church, and the Second-World War

bunkers, some of which have been swallowed by the sea, the visible ones slowly eroding over time. Lunch will be held at KuG du Pop in Soulac-sur-Mer.



DAY 4

Take a Transgironde ferry to Royan, the Charente-Maritime's main historical and economic port on the Gironde's estuary. There, ride a bus to the train station, and head towards Meschers, where fine sand beaches punctuate the right bank's cliff-dominated landscape. Real troglodyte cities (Regulus and Matata caves) were once dug in these tall limestone cliffs. Lunch at the Mille Sabords, a charming restaurant in the heart of the village. Hike for an hour on the seaside path to get to the picturesque and romantic Talmont-sur-Gironde church, then back to Meschers,

where a bus will take you back to Royan, and the ferry to Verdon-Sur-Mer.



DAY 5

Stopover in Pauillac on the way to Saint-Cristoly-du-Médoc. Visit the noisettines du Médoc's unique factory in the village of Blaignan for a tasting and a lesson on how they are made. Take a bus to lunch at La Maison du Douanier in Saint-Cristoly-du-Médoc. Back to Pauillac for a tour of the Frères Ludger's brewery, boldly located in the Lafite et Mouton Rothschild vineyard! Enjoy the one-hour hike back to the boat.



DAY 6

Stopover in Blaye: visit the citadel, whose construction was supervised by the engineer Vauban, and is classified UNESCO World Heritage Site. A transgironde bus will take you to Bourg-sur-Gironde: admire its alleyways and beautiful Girondine houses, overlooked by the town's castle and its carriage museum. Taste Côtes de Blaye wines and have lunch at the famous Plaisance restaurant. Visit the Pair-Non-Pair prehistoric cave, an hour's walk away. Back to Bourg-sur-Gironde to enjoy its staple delicacy, the "figues de Bourg" in the Pâtisserie Blanleil. Back to Blaye by bus.

BACALAN



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DAY 7

Arrival at the Port of the Moon through the Chaban-Delmas bridge. Sail along the city's last shipyards, the wine merchant's docks (the Chartrons), and finally, the city's maritime gate: The Place de la Bourse. Admire the 18th century quay's breathtaking panorama and its many landmarks: the region's highest belltower, La Flèche Saint Michel; the Pont de Pierre, our first bridge; and the Grosse Cloche, our oldest medieval gate. Spend the day walking through our streets and plazas, along our beautiful façades and breathtaking landmarks.

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